

LEG EXTENSION

JPRL- 501 - RBK - BL

The Leg Extension machine from the X-Pro Series is built to isolate and strengthen the quadriceps with precision and comfort. It features an adjustable, cushioned back support that ensures optimal alignment and posture for users of all sizes. The foot rollers securely lock in the legs, providing stability and control throughout the movement. Side-mounted handles offer a firm grip, allowing users to stay anchored and focused during intense leg workouts.



FEATURES

- ◆ **Ergonomic Design:** Ensures proper posture to target quadriceps and reduce joint strain.
- ◆ **Adjustable Seat & Backrest:** Fits users of all heights for comfort and optimal form.
- ◆ **Smooth Resistance:** Precision weight stack delivers controlled motion.
- ◆ **Padded Rollers:** Provides support and comfort during intense workouts.
- ◆ **Durable & Compact:** Robust, space-saving design for any gym setup

SPECIFICATIONS

DIMENSIONS:

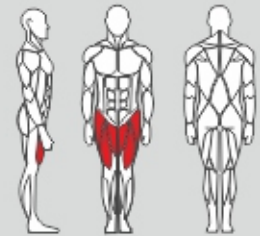
Length: 58 inches / 147 cms

Width: 44 inches / 112 cms

Height: 60 inches / 152 cms

Weight: 542.1 lbs / 245.9 kg

Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Vastus Lateralis, Rectus Femoris, Vastus Intermedialis

COLOUR AVAILABLE: Black.